

NATIONAL POPULATION AND HOUSING CENSUS 2024

PRELIMINARY RESULTS












UGANDA

JUNE 2024



HIGHLIGHTS OF THE 2024 CENSUS

Indicator		2024
Total Population		45,935,046
Male Population		22,495,030
Female Population		23,440,016
Sex Ratio		96.0
Population Density		227
Annual Growth Rate		2.9
Total Number of Households		10,845,119
Average Household size		4.4
Household Population		45,515,847





National Population and Housing Census 2024

Preliminary Results



This report presents the preliminary results from the National Population and Housing Census 2024 undertaken by the Uganda Bureau of Statistics (UBOS).

Additional information about the Census may be obtained from the Uganda Bureau of Statistics (UBOS), Plot 9 Colville Street, P.O. box 7186 Kampala, Uganda; Telephone: (256-414) 7060000 Fax: (256-414) 237553/230370; E-mail: ubos@ubos.org; Website: www.ubos.org.

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FOREWORD

Population and Housing Censuses are the most comprehensive and reliable national data resource that provides critical input into national development planning and programme development. The Census further provides data to monitor and evaluate the impact of various national and international development frameworks such as the third National Development Plan (NDP III), Vision 2040, Sustainable Development Goals (SDGs), among others.

Uganda conducted her 6th post-independence National Population and Housing Census (NPHC) in May 2024; the maiden digital census where 135,230 field staff were involved and collected data using electronic devices. This report provides Preliminary findings for the NPHC 2024 mainly on population size, distribution and composition.

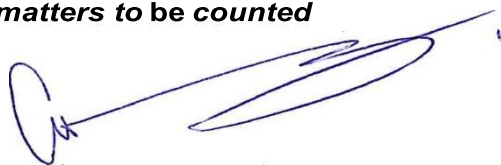
The NPHC 2024 had governance structures with top leadership as National Census Council chaired by the Rt Hon Prime Minister, the National Census Steering Committee chaired by the Permanent Secretary/Secretary to the Treasury, the UBOS Board of Directors, the Census Management Team, the District/City Census Committees chaired by the Chief Administrative Officer/City Clerk.

Government of Uganda funded 98 percent of the entire NPHC 2024 project with the remaining two percent funded by Development Partners namely UNFPA, UNHCR, UNICEF, WFP and UNDP. I would like to take this opportunity to thank His Excellence the President of the Republic of Uganda and his Cabinet for supporting the entire Census exercise.

I extend my sincere gratitude to the Census Committees headed by the Rt. Hon Prime Minister, the Ministry of Finance, Planning and Economic Development, the Board of Directors-UBOS, Development Partners, key stakeholders in the National Statistics System including Local Governments, the general public, UBOS staff and census enumeration staff who contributed to the success of the census. I thank UNECA-Africa Centre for Statistics for their technical support and Ghana, Kenya, Tanzania and Zambia where useful lessons were learnt in the spirit of South-to- South cooperation. I appreciate the Electoral Commission, UPDF, Uganda Prisons, NIRA and Internal Security Organisation for contributing towards census logistical support. I also extend thanks to UPDF, Uganda Police Force and Uganda Prison Services for participating in the enumeration of problematic areas.

I urge the public to utilize the census data and statistical information for planning, policy formulation and debates for the betterment of our country.

It matters to be counted



Chris N. Mukiza (PhD)

EXECUTIVE DIRECTOR / CENSUS COMMISSIONER



TABLE OF CONTENTS

HIGHLIGHTS OF THE 2024 CENSUS.....	ii
FOREWORD	iv
LIST OF TABLES.....	vi
LIST OF FIGURES	vii
LIST OF ACRONYMS.....	viii
CHAPTER 1: INTRODUCTION.....	1
1.1 Background	1
1.2 The National Population and Housing Census 2024	1
1.2.1 Objectives.....	1
1.2.2 The Organisation of the Census	1
CHAPTER 2: POPULATION SIZE AND DISTRIBUTION.....	9
2.1 Population Size.....	9
2.2 Regional Population Growth Rate.....	10
2.3 Distribution of the Population	11
2.3.1 Population Distribution by Sub region and sex.....	11
2.3.2 Sex ratio	12
2.4 Population Density.....	14
2.5 Daytime Population in the Cities	14
2.6 Average Household Size	14
2.7 Age-Sex Composition of the Population.....	15
2.7.1 Age sex composition.....	15
2.7.2 Population by Age group and Sex, 2024.....	16
2.8 Conclusion.....	18
Appendix.....	19



LIST OF TABLES

Table 2.1: Population size, Intercensal Population increase, and average annual growth rate	10
Table 2.2: Regional Population growth, percent	10
Table 2.3: Population Distribution by Sub-Region and Sex.....	11
Table 2.4: Trend in Population Distribution by Sub-Region	12
Table 2.5: Population by Age group and sex, 2014-2024	17
Table 2.6: Trend in Population by Special Age Group and Sex, 2024.....	17
Table A1: Population size by sex, 2024	19
Table A2: Population Density of Uganda, 2024.....	23
Table A3: Refugee Population by sex, 2024	27
Table A4: Household and Non-household population	31
Table A5: Households and Average Household size	35
Table A6: Population size trends and Growth rate	39
Table A7: Population Distribution in Cities, 2024.....	43



LIST OF FIGURES

Figure 1.1: Map of Uganda showing Districts and Cities, 2024	8
Figure 2.1: Total population by Census year, 1969 – 2024	9
Figure 2.2: Sex Ratio by Sub region	13
Figure 2.3: Trends in Sex Ratio in Uganda, 1980 – 2024.....	13
Figure 2.4: Population density, 1991 - 2024.....	14
Figure 2.5: Average household size, 1991-2024.....	15
Figure 2.6: Population Pyramid, 2024.....	16



LIST OF ACRONYMS

ACCO	Assistant City Census Officer
ADCO	Assistant District Census Officer
CAO	Chief Administrative Officer
CAPI	Computer Assisted Personal Interview
CCO	City Census Officer
CCR	Census Commissioner Representative
CITO	City Information Technology Officer
CPO	City Publicity Officer
CTC	City Town Clerk
DCO	District Census Officer
DITO	District Information Technology Officer
DPO	District Publicity Officer
EA	Enumeration Area
EX COM	Executive Committee
FGD	Focus Group Discussion
ICT	Information and Communication Technology
LC	Local Council
LG	Local Government
MDAs	Government Ministries, Departments and Agencies
NDP	National Development Plan
NPHC	National Population and Housing Census
NSS	National Statistical System
PES	Post Enumeration Survey
SDGs	Sustainable Development Goals
UBOS	Uganda Bureau of Statistics
UPDF	Uganda People's Defence Forces
UPF	Uganda Police Force
UPS	Uganda Prisons Service
UWA	Uganda Wildlife Authority



CHAPTER 1: INTRODUCTION

1.1 Background

Population and Housing censuses are regarded as the most significant and gigantic statistical undertaking in most of the countries in the world, including Uganda. In Uganda, Population Censuses remain the main source of demographic and socio-economic data.

Uganda has conducted 11 National Population Censuses, six (6) of which were in the post-independence period. In the pre-independence period, population counts were conducted in 1911, 1921 and 1931, and scientific Censuses were conducted in 1948 and 1959. The African and non-African populations were enumerated separately in each of these Censuses.

In the post-independence period, Population Censuses were conducted in 1969, 1980, 1991, 2002, 2014 and 2024. These were national in nature with both African and non-African populations being enumerated simultaneously.

Overtime, Census undertaking has improved in quality and scope, with every Census being more comprehensive than the preceding one.

1.2 The National Population and Housing Census 2024

The Uganda Bureau of Statistics (UBOS) Act, 1998 CAP 310 Section 13 provides for the Minister responsible for Planning to direct 'that a Census be taken' on any matter specified in the Act. This was the legal basis for conducting the National Population and Housing Census (NPHC) 2024. The NPHC 2024 was the first Digital Census in Uganda.

The Bureau conducted the 6th post-independence census over the period 10th - 19th May 2024. However, the data collection was extended to 26th May 2024, mainly in Greater Kampala.

1.2.1 Objectives

The overall objective of the NPHC 2024 was to generate bench-mark statistical data to inform NDP III, SDGs and other Regional, Continental and Global frameworks.

1.2.2 The Organisation of the Census

1.2.2.1 Institutional Arrangement

The Governance structure for the NPHC 2024 comprised the National Census Council, as the apex body, headed by the Rt Honorable Prime Minister.



This was followed by the Steering Committee, headed by the Permanent Secretary and Secretary to the Treasury, then the UBOS Board of Directors headed by the Board Chairperson, UBOS Management, headed by the Executive Director/Census Commissioner, the Census Technical Advisory Committee headed by the Deputy Executive Director /Deputy Census Commissioner, and the Census Management Team, headed by the Director, Methodology and Statistical Coordination Services. The structure also comprised the Legal, Audit and Technical Advisory Committees, Project implementation team and Secretariat. There were also Census Technical Teams and Sub committees, mainly constituting the work streams.

The NPHC 2024 activities were carried out in the Districts, Cities and special areas. Special areas included Uganda Prisons Service (UPS), Uganda Police Force (UPF), Uganda People's Defense Forces (UPDF), Diplomatic Missions, Uganda Wildlife Authority (UWA) camps, Refugee Settlement camps and the Islands. The NPHC 2024 activities used both the Local Government (LG) and Institutional structure, respectively for the districts, cities and special areas, respectively.

District/City/Special Area Census committees were constituted for all 146 districts, 11 cities, and the Special Areas. These committees were headed by the Chief Administrative Officer (CAO)/ City Town Clerk (CTC) /Special area Accounting Officers and comprised District/City/Special Area Census Officer (D/CCO), Assistant District/City/Special Area Census Officer (AD/CCO), District/City/Special Area Information Technology Officer (D/CITO), and District/City/Special Area Publicity Officer (D/CPO).

Depending on the size of each LG, District/City/Special Area, Census Commissioner Representatives (D/CCR) comprising staff from UBOS, National Population Council and Academia (Makerere University and Kyambogo University) were assigned the role of lead technical officer to support the training and field operations.

1.2.2.2 Implementation

A. The Pre-Enumeration Phase

Census Mapping

Census Mapping was undertaken between May 2021 and April 2024. This was aimed at obtaining digitized Enumeration Areas (EAs), updated geography lists and an infrastructure database. The specific objectives of the Census mapping were:

- i. To produce digitized area maps for use during the enumeration exercise to enable enumerators to easily identify the boundaries of their assigned EAs for complete coverage. The maps were also intended for use during supervision of the enumeration.
- ii. To generate information for use in planning for the enumeration such as estimation of quantity and distribution of human resource and enumeration materials.



Pilot Census

The 2023 Pilot Census was conducted in two phases. Phase one was conducted in June 2023, and phase two in August 2023. Phase one covered 12 districts, namely Bunyangabu, Buliisa, Kole, Kotido, Koboko, Omoro, Tororo, Serere, Namayingo, Nakasongola, Kisoro, Buhweju and one city namely Mbale. Phase two covered Greater Kampala comprising Kampala Capital City, Mukono and Wakiso districts. The exercise was conducted to test the Census processes and procedures to achieve adequate preparedness for the NPHC 2024.

The 2023 Pilot Census successfully tested the Census processes and procedures in the different regions across the country. The exercise revealed that UBOS was adequately prepared for the NPHC 2024, if the challenges identified would be sufficiently addressed in line with the recommendations put forward.

Questionnaire Development

The development of the Census questionnaire was highly consultative to accommodate the views of internal and external stakeholders. Consultative meetings were organised to collect views on the data requirements from various categories of data users, including Central Government, LGs, Civil Society and Development Partners including Academia. Arising from the consultations, five (5) questionnaires were developed, namely:

1. Household Questionnaire
2. Institutions Questionnaire
3. Floating Questionnaire,
4. Accommodation (Hotel) Questionnaire, and
5. Community Questionnaire

The questionnaires were designed to collect information on a wide range of personal, household and community characteristics.

ICT Infrastructure and data management

The Bureau procured 120,000 handheld electronic devices (tablets) with MTN and Airtel APN cards. Other Information and Communications Technology (ICT) equipment procured for data processing and analysis included 46 desktop computers and 12 laptops. An ICT environment was established to manage the data collection and retrieval of individual records of over 47 million persons (projected population) and over 70,000 community records during the census enumeration exercise.

The data capture application was configured using CSPro software. The application was programmed with clear skip patterns, inbuilt consistency and integrity checks to reduce reporting errors, and thus enhance quality.



Upon completion of an interview, the enumerators would immediately send data directly (synchronize) to the server, from the tablets. The data was downloaded daily to generate completion rates for all questionnaires. To ensure full coverage and proactively monitor coverage of enumeration, data collection was monitored using satellite imagery, mainly in Greater Kampala.

A multilayer firewall was installed to provide the required ICT Cyber security for protection of data during transmission to, and storage on the server. Access to the server and data was restricted with defined usage categories. The data collected is encrypted when stored on the server to ensure confidentiality of individual information.

A Network Operations Centre (NOC), referred to as a situation room, was set up for real-time monitoring of the progress on data collection, and to follow the trends of data in various dimensions. This played a significant role in ensuring data quality and coverage.

Recruitment, Training and Capacity Building

The CAO/CTC/Special area Supervisors had the overall responsibility for the Census exercise. They nominated the respective D/CCOs, AD/CCOs, D/CITOs, D/CPO and Subcounty/Division Supervisors. The Enumerator Supervisors and Enumerators were directly recruited by their respective CAO/CTC/Special Area supervisors, using the UBOS e-recruitment system.

The training was conducted in 4 tiers, cascaded as follows:

- Tier I involved training of selected UBOS staff in a Training of Trainers on Census concepts and Training Skills.
- Tier II comprised District/City/Special area level Supervisors in a 9-day residential workshop. The Trainees were split into ten classes by sub region, and these were run concurrently.
- Tier III involved training of the Sub County/Division level Supervisors by the District/City level Supervisors in a nine-day training; the training was conducted at District headquarters.
- Tier IV, the final stage involved training of Enumeration Supervisors and Enumerators in a nine-day non-residential training at the respective Sub County headquarters.

To ensure quality, the number of trainees per class did not exceed 70 people. Where the number of participants was exceeding the threshold, arrangements were made to split the classes, and recruit extra trainers beforehand. The following were provided during the training.

- Soft copy training materials. These included power points presentations on all topics, e-manuals e-questionnaires, training videos and an e-photo gallery in the manual, on key concepts such as housing characteristics, water sources, types of functional difficulties, agricultural crops economic activities, among others. The questionnaires were also hyperlinked to the e-manual.



- Training platform for tier two level for handling the question-and-answer session online. This was accessed by all participants at the same time, given that there were ten classes running concurrently. For tiers III and IV, WhatsApp groups were formed as discussion platforms.
- The monitoring and evaluation/quality assurance during training was electronically managed with a daily assessment tool and a set of assessment questions using mentimeter software package.

All NPHC 2024 field staff underwent mandatory training on Census concepts and procedures to ensure transfer and mastery of the skills and knowledge for conducting the digital census. Overall, the exercise has ensured developed staff capacity in undertaking large scale digital censuses and surveys within the National Statistical System (NSS).

Advocacy and Publicity

Any census campaign plays a very vital role in ensuring that the public is prepared for the census to ensure maximum cooperation and reduce non-response during enumeration. The campaign ensures accuracy of the data collected from the respondent. Keeping this in consideration, a wide range of campaign activities were undertaken so that the census message could be reached to every person living in every corner of the country.

His Excellency the President of the Republic of Uganda launched the census activities on 12th December 2023. His message encouraging everyone to participate in the Census was also aired on Radio, Television and social media.

To ensure massive publicity of the census, various promotional contents, including talk shows, were frequently published in print, electronic and online media as well as telecast in various electronic media. In addition, census activities were regularly published on social media such as Facebook, WhatsApp, Twitter, YouTube, Instagram and so on. The Countdown time to the census was also frequently advertised in the print media. A firm was hired to steer and monitor use of social media for the youth during publicity.

The Government of Uganda, through the National Census Council, and Census Steering Committee contributed immensely to the success of the enumeration exercise through the provision of transport logistics for delivery and retrieval of materials from the Districts, Cities and Special areas, and creating a conducive environment across Government, before, during and after the Census.

The Enumeration Phase

The modalities of the enumeration phase included the following:

1. The Census Reference Night was the night of 9th May 2024.
2. The enumeration was done on a de facto basis i.e. every person was enumerated where he/she spent the Census Reference Night.



NPHC 2024 – Preliminary Results

3. The actual enumeration started on 10th May and continued to 19th May 2024. However, in some areas such as Greater Kampala, an extra seven (7) days (20th – 26th May) were added to mop up areas that had not been enumerated during the official enumeration period.
4. Identification of the enumeration areas using digital maps was enabled using an integrated Geographic Information System (GIS) based on the Global Positioning System (GPS) location.
5. The enumeration process was carried out door to door, using tablets and Computer Assisted Personal Interviews (CAPI). The field management processes, including monitoring of data, field staff performance and other quality control processes were also automated.
6. Deployment of the electronic devices started with provisioning. The process involved installing the data collection application, Maps, Manuals and other relevant software for the field.
7. Access to the enumeration application was by use of login credentials generated through the e-recruitment system.
8. Trained enumerators moved from door to door within the assigned parish/ward and administered the questionnaire to the Head of household or any other knowledgeable household member. The enumerators visited the respective institutions and accommodation facilities within the parish/ward while enumerating the population. Enumeration supervisors collected community information by conducting Focus Group Discussions (FGDs) and visiting respective service centers within the LCIs (villages/cells).
9. Special arrangements were made to enumerate institutions and floating population as well as guests in accommodation facilities.
10. Phone numbers of selected census staff were circulated to all Higher Local Governments to provide quick solutions to various problems arising at the field level during data collection and to ensure direct interaction between Bureau staff and the public.
11. Supervision areas for IT and Data Management staff were created. UBOS deployed IT staff to manage the sub regions by supporting all the CCRs and District/City/Special area staff.

Compilation of the Preliminary Results

The NPHC 2024 enabled quick compilation of the Preliminary results. Each enumerator synchronized data straight to the head office, thus eliminating data entry and preliminary editing processes.



The preliminary results provide the population counts at the national, regional, and district levels, disaggregated by sex. Detailed results will be published by the end of 2024, following completion of data editing, processing, tabulation and analysis.

C. The Post-Enumeration Phase

The post-enumeration activities include retrieval of all electronic devices from the District/City/Special Area headquarters back to the UBOS headquarters, data processing, analysis and dissemination, a geo-referenced database, development of an analytical (abridged) report, thematic reports, Research papers, wall charts, District profiles, maps/atlas, press releases, media briefs, and other products.

A Post Enumeration Survey (PES) will be conducted to ensure quality census data. The PES is conducted to measure both content and coverage errors of the census and will validate the process. Other activities involve re-utilization of the electronic devices for other data production activities within the country.



CHAPTER 2: POPULATION SIZE AND DISTRIBUTION

2.1 Population Size

The total population of Uganda was 45.9 million persons in 2024 as shown in Figure 2.1. This represents an increase of 11.3 million persons from the 2014 census. Overall, there is a steady increase in population size over the years from 1969 to 2024.

Figure 2.1: Total population by Census year, 1969 – 2024

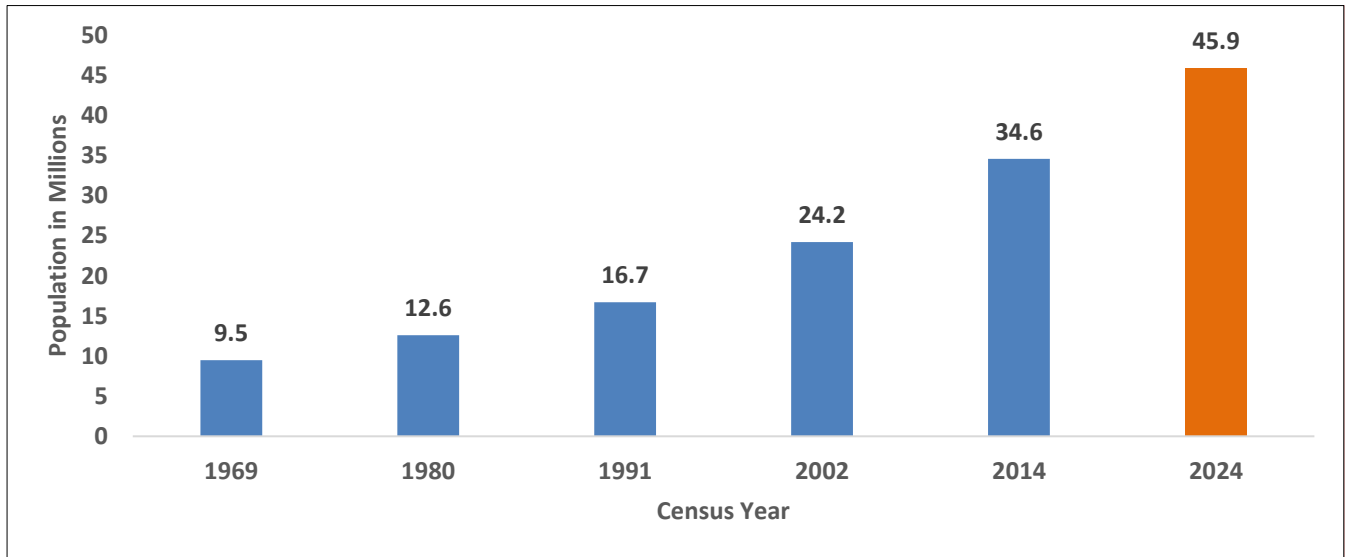


Table 2.1 provides more insight into population growth, intercensal period, average annual increase (in thousands), and average annual growth rates from 1911 to 2024. It shows a consistent growth in both male and female populations from 2.5 million persons in 1911 to 45.9 million persons in 2024, There are varying rates of increase over different census periods. The population growth rate dropped slightly from 3.0 percent in 2014 to 2.8 percent in 2024.



Table 2.1: Population size, Intercensal Population increase, and average annual growth rates, 1911-2024

Census Year	Population size			Intercensal Period	Average Annual Increase (000's)	Average Annual Growth Rate (percent)
	Male	Female	Total			
1911	1,116,903	1,349,422	2,466,325	1911-		
1921	1,320,286	1,534,322	2,854,608	1911-1921	39	1.5
1931	1,707,437	1,834,844	3,542,281	1921-1931	68	2.2
1948	2,481,394	2,477,126	4,958,520	1931-1948	83	2.0
1959	3,236,902	3,212,656	6,449,558	1948-1959	143	2.5
1969	4,812,447	4,722,604	9,535,051	1959-1969	300	3.9
1980	6,259,837	6,376,342	12,636,179	1969-1980	262	2.7
1991	8,185,747	8,485,558	16,671,705	1980-1991	367	2.5
2002	11,824,273	12,403,024	24,227,297	1991-2002	647	3.2
2014	17,060,832	17,573,818	34,634,650	2002-2014	882	3.0
2024	22,495,030	23,440,016	45,935,046	2014-2024	1165	2.9

2.2 Regional Population Growth Rate

Table 2.2 shows regional population growth rates during three different census periods (1991-2002, 2002-2014, and 2014-2024). The data shows that Karamoja subregion had the highest average annual growth rate of 4.2 percent while Busoga subregion had the least annual growth rate of 2.1 percent which was below the national average of 2.9 percent.

Table 2.2: Regional Population growth, percent

Region	1991-2002	2002-2014	2014-2024
Acholi	3.8	2.7	3.2
Ankole	2.4	2.3	2.2
Buganda	2.4	3.3	3.4
Bukedi	2.9	3.2	2.4
Bunyoro	4.9	4.3	3.3
Busoga	3.3	2.9	2.1
Elgon	3.1	3.2	2.4
Kampala	3.7	2.0	2.3
Karamoja	5.7	2.4	4.2
Kigezi	1.3	1.4	2.6
Lango	3.4	3.1	2.3
Teso	5.0	3.5	3.1
Toro	3.1	3.3	2.8
West Nile	4.5	2.7	3.9
Uganda	3.2	3.0	2.9

2.3 Distribution of the Population

Population distribution refers to the way people are spread over a specific geographical area. It provides information on the number of individuals living in different parts of the area and helps to understand the patterns of settlement.

2.3.1 Population Distribution by Sub region and sex

The findings presented in Table 2.3 show that the distribution of the population varies by sub-region. Generally, the population distribution for 2024 remained uneven. Regional differentials show that Buganda sub-region had the largest population of 11.1 million persons, followed by Busoga (4.4 million persons). On the other hand, Karamoja sub-region had the smallest population of 1.5 million persons.

Table 2.3: Population Distribution by Sub-Region and Sex

Region	Male	Female	Total
Acholi	1,006,707	1,040,411	2,047,118
Ankole	1,766,886	1,833,861	3,600,747
Bukedi	1,169,919	1,206,825	2,376,744
Bunyoro	1,382,578	1,409,545	2,792,123
Busoga	2,147,597	2,224,752	4,372,349
Elgon	1,113,304	1,102,917	2,216,221
Kampala	898,918	976,916	1,875,834
Karamoja	707,591	745,247	1,452,838
Kigezi	848,993	930,701	1,779,694
Lango	1,259,403	1,308,115	2,567,518
Buganda	5,407,469	5,706,123	11,113,592
Teso	1,210,215	1,252,129	2,462,344
Tooro	1,664,721	1,714,119	3,378,840
West Nile	1,910,729	1,988,355	3,899,084
Uganda	22,495,030	23,440,016	45,935,046

Trends: The population increased from 12.6 million persons in 1980 to 45.9 million in 2024. A similar trend in sub regions was observed over the years between 1980 and 2024. Buganda sub region had the highest population increase in absolute numbers from 8.0 million persons in 2014 to 11.1 million persons in 2024 (Table 2.4).



Table 2.4: Trend in Population Distribution by Sub-Region

Region	1980	1991	2002	2014	2024
Acholi	578,796	695,611	1,083,973	1,500,762	2,047,118
Ankole	1,212,822	1,667,133	2,199,735	2,895,631	3,600,747
Bukedi	668,410	913,230	1,282,474	1,881,415	2,376,744
Bunyoro	517,531	678,908	1,208,990	2,028,545	2,792,123
Busoga	1,221,950	1,720,473	2,540,664	3,583,196	4,372,349
Elgon	630,908	827,682	1,191,723	1,758,101	2,216,221
Kampala	458,503	774,241	1,189,142	1,507,080	1,875,834
Karamoja	350,086	370,423	721,536	965,010	1,452,838
Kigezi	751,980	994,679	1,158,524	1,376,774	1,779,694
Lango	683,585	955,469	1,425,233	2,061,694	2,567,518
Buganda	3,123,931	4,069,753	5,386,283	8,022,158	11,113,592
Teso	716,168	667,084	1,190,054	1,819,708	2,462,344
Tooro	909,734	1,206,967	1,730,826	2,573,910	3,378,840
West Nile	811,775	1,130,052	1,918,140	2,660,666	3,899,084
Uganda	12,634,179	16,671,305	24,227,297	34,634,650	45,935,046

2.3.2 Sex ratio

The sex ratio of Uganda was calculated by dividing the number of males by the number of females in a given region. A ratio of 100 indicates an equal number of males and females, while a ratio below 100 indicates more females than males and a ratio above 100 indicates more males than females. Figure 2.2 shows that overall, Uganda's sex ratio is 96.0, which depicts that there are more females than males. Sub regional variations showed that Elgon had the highest sex ratio (100.9).



Figure 2.2: Sex Ratio by Sub region

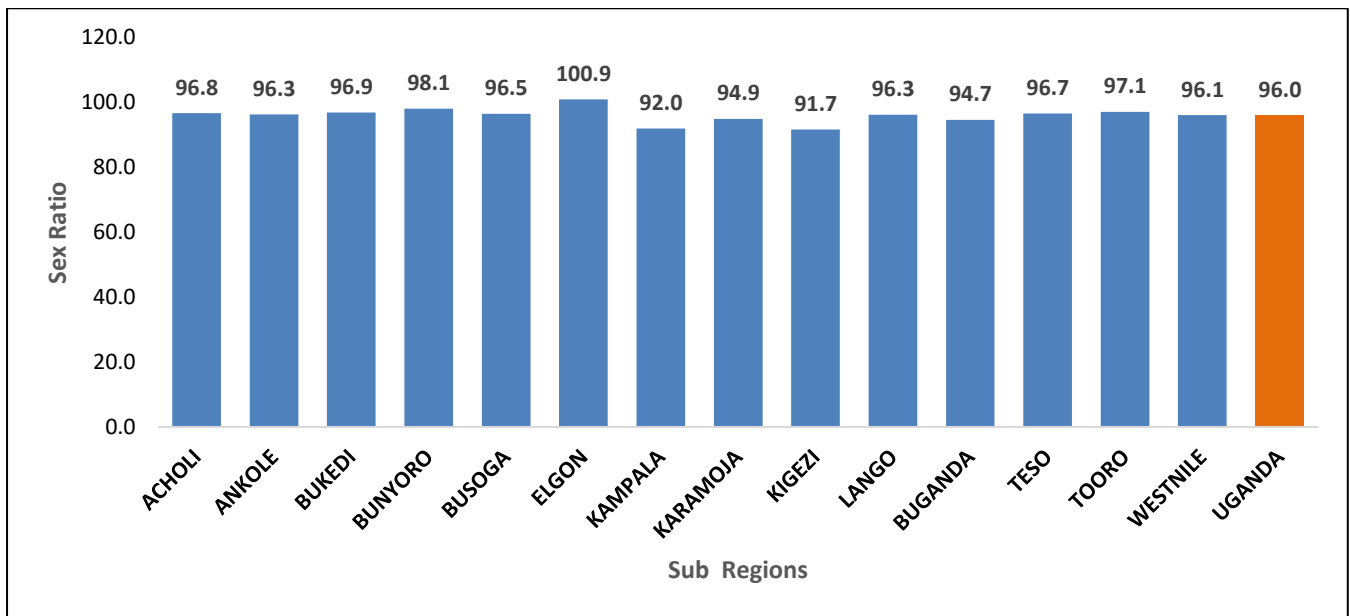
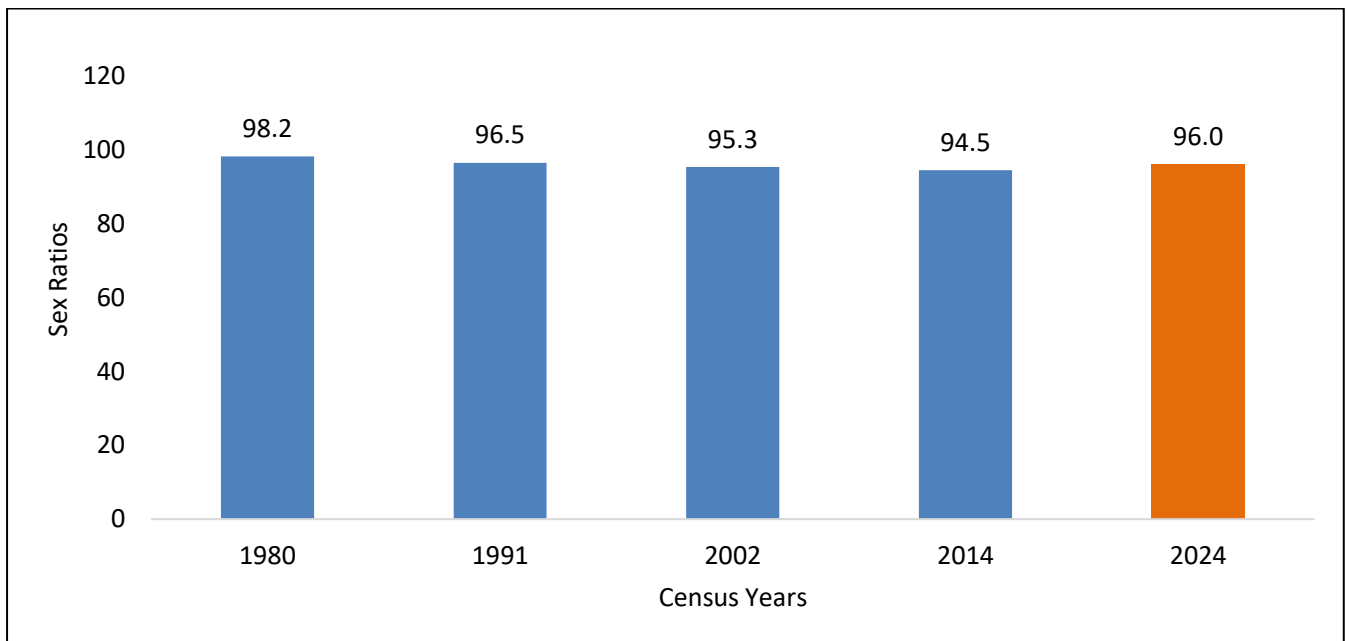


Figure 2.3 illustrates the trends in sex ratios (number of males per 100 females) in Uganda over the census years (1980 to 2024). The graph demonstrates a steady decline in the sex ratio from 98.2 in 1980 to 94.5 in 2014, and then a slight increase to 96.0 in 2024.

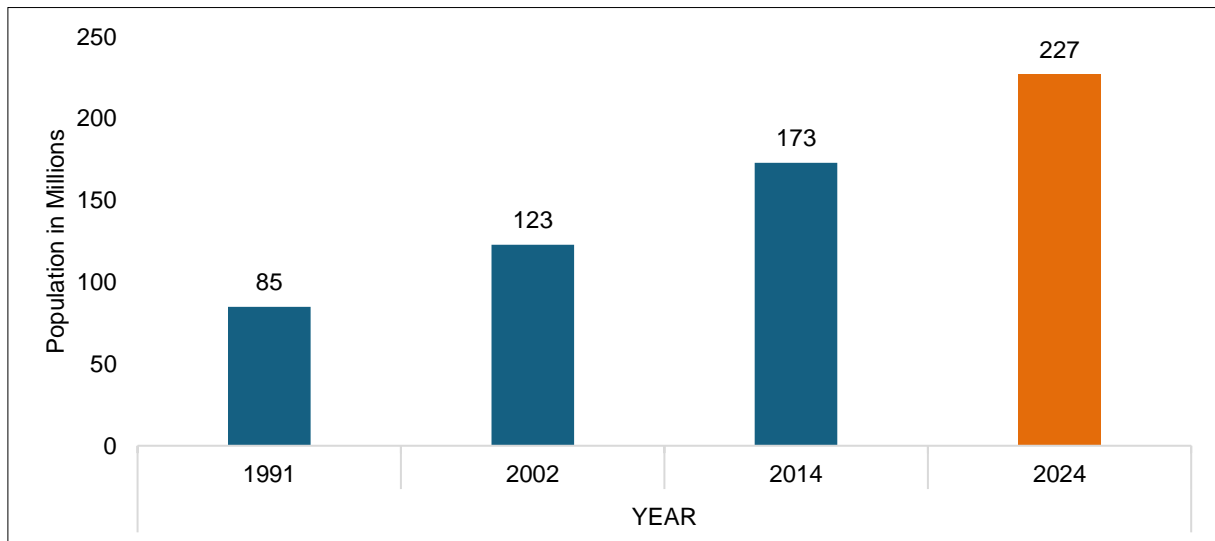
Figure 2.3: Trends in Sex Ratio in Uganda, 1980 – 2024



2.4 Population Density

Population Density is a measure of the degree of population concentration in an area and is derived as a ratio of the total population of a given area to the total land area expressed in square kilometers. The Population Density of Uganda in 2024 was 227 persons per square kilometer, almost a three-fold increase from 85 persons per square kilometer in 1991 as shown in Figure 2.4.

Figure 2.4: Population density, 1991 - 2024



2.5 Daytime Population in the Cities

Day time population also known as commuter adjusted population is a demographic concept referring to number of people in an area typically a city during normal business hours. The NPHC 2024 captured information on household members who visited any city in the last 14 days to derive the day population of the cities including the capital city.

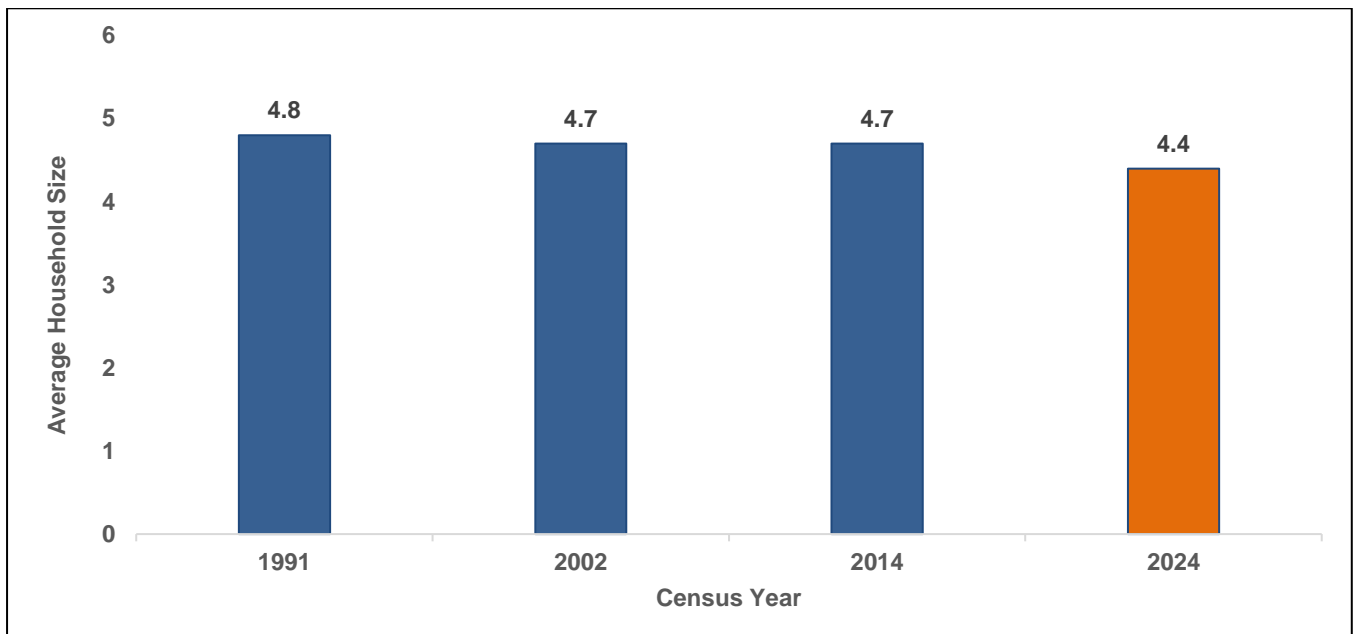
Appendix table A7 reveals that the total day time population within the eleven cities of Uganda stood at 5.5 million persons. The highest daytime population was recorded in Kampala Capital City at 2.5 million persons, followed by Arua City at 440,540 persons. Fort portal and Hoima Cities had the least daytime population at 176,994 and 190,075 persons respectively.

2.6 Average Household Size

The NPHC 2024 defined a household as a person or group of people who normally live and eat together. The average household size is a summary measure that gives the mean number of persons per household. It is obtained as the ratio of the total household population to the number of households in an area. Figure 2.5 shows that the average household size was 4.4 persons, a slight decrease from 2014 (4.7 persons).



Figure 2.5: Average household size, 1991-2024



2.7 Age-Sex Composition of the Population

2.7.1 Age sex composition

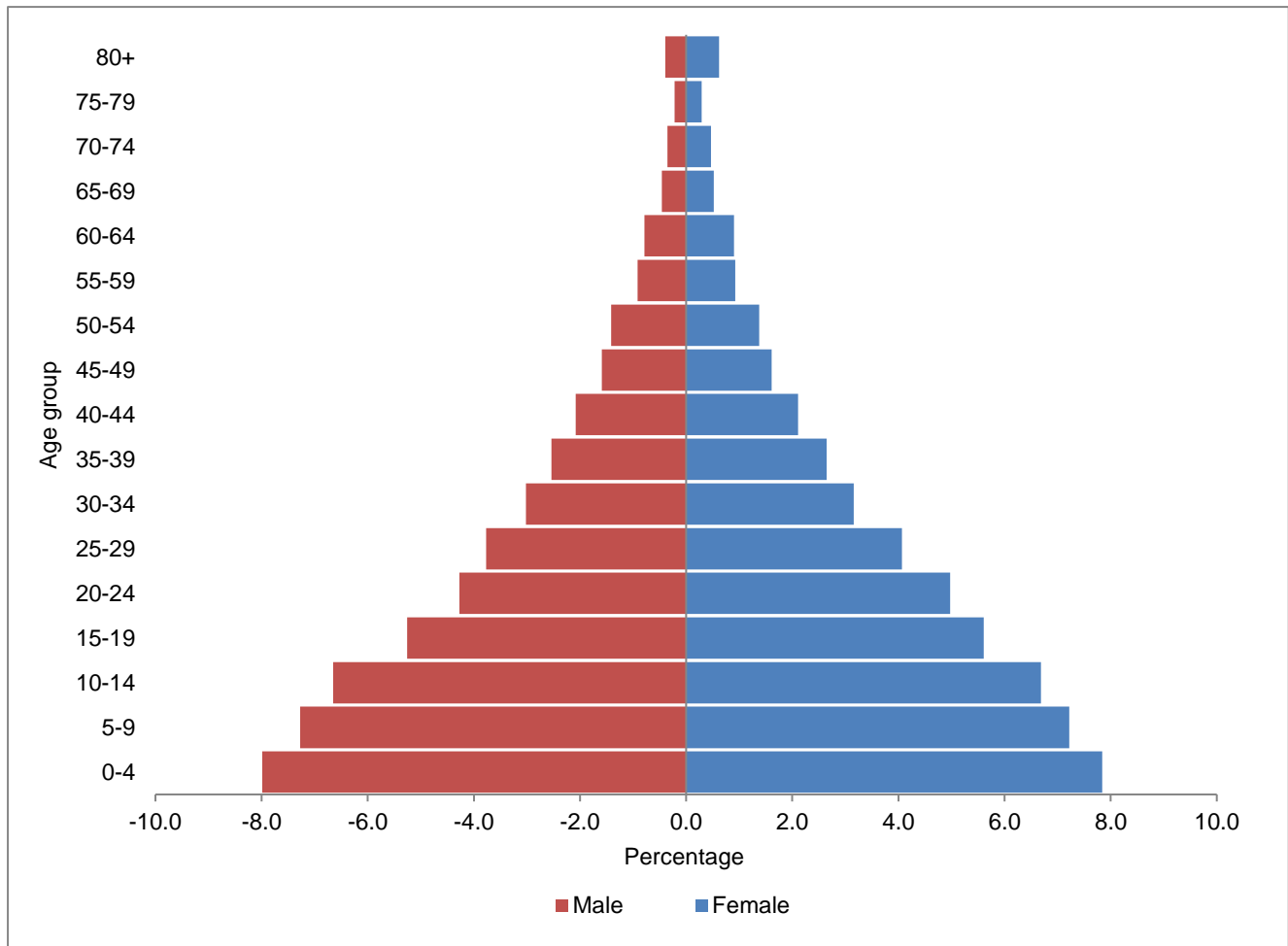
Age and sex are two attributes that largely influence an individual's role in a society. They are the basic characteristics or biological elements of any demographic group and affect not only its demographic features but also its socio-economic and political structure. These influence fertility and mortality, migration, marital status, and economic activity status.

The NPHC 2024 captured data on age and sex. Age specific data is important for various demographic indicators because it enables us to highlight future social and economic trends and provides the state with information to inform policies and support prevention programmes for age groups and sex that is at risk.

Figure 2.6 shows that there were more males than females at younger age groups (0-14 years), while in the subsequent age groups there is a persistent dominance in the number of females.



Figure 2.6: Population Pyramid, 2024



2.7.2 Population by Age group and Sex, 2024

Table 2.5. shows a comparison in age sex specific data between 2014 and 2024. Specific age groups have a consistently high population, with age group 5-9 taking precedence.



Table 2.5: Population by Age group and sex, 2014-2024

Age Group	2014	2024		
		Male	Female	Total
0 - 4	6,131,253	3,669,204	3,601,739	7,270,943
5 - 9	5,551,838	3,340,467	3,315,741	6,656,208
10 - 14	4,920,476	3,054,774	3,071,011	6,125,785
15 - 19	3,957,051	2,414,947	2,576,348	4,991,295
20 - 24	3,185,344	1,962,363	2,284,081	4,246,444
25 - 29	2,485,925	1,732,404	1,868,763	3,601,167
30 - 34	1,951,491	1,386,964	1,449,767	2,836,731
35 - 39	1,535,793	1,166,744	1,215,349	2,382,093
40 - 44	1,272,341	956,535	969,277	1,925,812
45 - 49	921,076	730,214	740,207	1,470,421
50 - 54	808,230	649,434	631,966	1,281,400
55 - 59	480,527	419,047	424,116	843,163
60 - 64	439,948	361,336	415,390	776,726
65 - 69	301,120	209,783	240,335	450,118
70 - 74	277,245	160,730	216,119	376,849
75+	414,992	280,154	419,737	699,891
Uganda	34,634,650	22,495,100	23,439,945	45,935,046

Table 2.6 shows trends in the population of selected age groups from 2014 to 2024. For age groups 0-17, 0-14 and 6-12, males were more than females, however for all other age groups, females were more than males. In 2014, the special age category of children (0-17 years) comprised the largest population for both males and females, whereas in 2024, the special category of working age (14-64 years) comprised the largest population.

Table 2.6: Trend in Population by Special Age Group and Sex, 2024

Age Group	2014			2024		
	Male	Female	Total	Male	Female	Total
0 - 14	8,471,195	8,131,954	16,603,149	10,064,445	9,988,491	20,052,936
0 - 17	9,679,323	9,357,708	19,037,031	11,603,194	11,579,477	23,182,671
6 - 12	3,727,967	3,631,907	7,359,874	4,480,121	4,463,839	8,943,960
13 - 18	2,586,964	2,661,741	5,248,705	3,196,068	3,307,222	6,503,290
14 - 64	8,523,791	9,569,536	18,093,327	12,362,430	13,164,683	25,527,113
15 - 24	3,362,235	3,783,009	7,145,244	4,377,310	4,860,429	9,237,739
18 - 30	3,571,295	4,233,937	7,805,232	4,912,617	5,505,720	10,418,337
18 - 64	6,792,665	7,814,430	14,607,095	10,241,239	10,984,278	21,225,517
18+	7,218,526	8,379,093	15,597,619	10,891,906	11,860,469	22,752,375
60+	621,144	809,433	1,430,577	1,012,003	1,291,581	2,303,584
85+	52,926	77,470	130,396	104,229	151,080	255,309



2.8 Conclusion

The NPHC 2024 preliminary report is the first in a series of the Census publications. The report presents information on Population and households counts at National, sub-regional district and subcounty levels. In addition, information is given on age sex composition, population density and average household size.

The production of the census preliminary report within one month of census enumeration has been made possible thanks to the implementation of the digital census. The data has been subjected to the first phase of data editing where a few variables have been cleaned. The final report containing more detailed information will be released in September 2024. Other products will be disseminated in phases thereafter in the year 2025. These key reports include:

- Final Results Reports (National, District/Municipality, constituency)
- Analytical Reports (National, District/Municipality, constituency)
- Monographs – National
- Area profiles (National, District/Municipality, Constituency, Subcounty, Parish)
- Popular versions
- Interactive dissemination tools
- Wall charts, flier (electronic and print)
- Policy briefs
- Research papers



Appendix

Table A1: Population size by sex, 2024

District	Male	Female	Total
Acholi	1,006,707	1,040,411	2,047,118
Gulu	66,626	68,507	135,133
Kitgum	118,162	121,224	239,386
Pader	118,070	122,063	240,133
Amuru	121,627	125,750	247,377
Agago	153,232	157,192	310,424
Lamwo	106,020	107,779	213,799
Nwoya	110,414	110,139	220,553
Omor	102,708	104,882	207,590
Gulu city	109,848	122,875	232,723
Ankole	1,766,886	1,833,861	3,600,747
Bushenyi	139,948	142,859	282,807
Mbarara	84,650	89,074	173,724
Ntungamo	269,515	283,682	553,197
Ibanda	151,145	157,302	308,447
Isingiro	310,106	323,738	633,844
Kiruhura	102,341	99,805	202,146
Buhweju	83,555	84,350	167,905
Mitooma	109,548	114,826	224,374
Rubirizi	82,427	85,410	167,837
Sheema	122,837	129,974	252,811
Kazo	104,177	104,861	209,038
Rwampara	80,599	82,362	162,961
Mbarara city	126,038	135,618	261,656
Bukedi	1,169,919	1,206,825	2,376,744
Busia	201,396	210,622	412,018
Pallisa	163,125	167,836	330,961
Tororo	298,386	310,731	609,117
Budaka	138,098	143,008	281,106
Butaleja	155,583	157,130	312,713
Kibuku	128,195	131,345	259,540
Butebo	85,136	86,153	171,289
Bunyoro	1,382,578	1,409,545	2,792,123
Hoima	127,579	129,851	257,430
Kibaale	118,801	119,647	238,448
Masindi	170,972	171,524	342,496
Buliisa	82,408	85,592	168,000
Kiryandongo	180,868	184,010	364,878



District	Male	Female	Total
Kagadi	232,155	238,147	470,302
Kakumiro	213,714	215,316	429,030
Kikuube	188,786	191,311	380,097
Hoima city	67,295	74,147	141,442
Busoga	2,147,597	2,224,752	4,372,349
Bugiri	235,884	245,292	481,176
Iganga	205,269	221,327	426,596
Jinja	144,111	147,622	291,733
Kamuli	263,902	275,797	539,699
Mayuge	278,071	283,977	562,048
Kaliro	143,531	142,432	285,963
Namutumba	154,114	157,349	311,463
Buyende	201,120	202,924	404,044
Luuka	146,957	151,736	298,693
Namayingo	132,666	133,678	266,344
Bugweri	104,187	108,017	212,204
Jinja city	137,785	154,601	292,386
Elgon	1,113,304	1,102,917	2,216,221
Kapchorwa	66,633	67,011	133,644
Mbale	143,878	145,896	289,774
Sironko	149,448	148,424	297,872
Bududa	145,148	132,327	277,475
Bukwo	58,234	56,054	114,288
Manafwa	93,198	92,522	185,720
Bulambuli	122,587	119,389	241,976
Kween	66,480	62,618	129,098
Namisindwa	128,836	127,597	256,433
Mbale city	138,862	151,079	289,941
Kampala			
Kampala	898,918	976,916	1,875,834
Karamoja	707,591	745,247	1,452,838
Kotido	104,902	114,394	219,296
Moroto	48,800	54,544	103,344
Nakapiripirit	54,261	57,208	111,469
Abim	70,441	73,335	143,776
Kaabong	104,207	111,804	216,011
Amudat	103,929	99,483	203,412
Napak	102,933	108,988	211,921
Nabilatuk	66,120	71,468	137,588
Karenga	51,998	54,023	106,021
Kigezi	848,993	930,701	1,779,694



District	Male	Female	Total
Kabale	137,186	147,911	285,097
Kisoro	195,946	235,229	431,175
Rukungiri	183,821	192,153	375,974
Kanungu	150,972	158,763	309,735
Rubanda	116,985	128,699	245,684
Rukiga	64,083	67,946	132,029
Lango	1,259,403	1,308,115	2,567,518
Apac	109,599	112,181	221,780
Lira	119,156	122,943	242,099
Amolatar	94,039	94,550	188,589
Dokolo	114,497	118,630	233,127
Oyam	234,777	243,074	477,851
Alebtong	138,840	144,236	283,076
Kole	144,379	149,655	294,034
Otuke	80,931	82,169	163,100
Kwania	107,587	109,838	217,425
Lira city	115,598	130,839	246,437
Buganda	5,407,469	5,706,123	11,113,592
Kalangala	38,177	32,412	70,589
Kiboga	91,486	89,870	181,356
Luwero	299,369	314,861	614,230
Masaka	58,556	56,695	115,251
Mpigi	148,790	157,213	306,003
Mubende	259,035	262,931	521,966
Mukono	448,776	483,896	932,672
Nakasongola	116,069	110,069	226,138
Rakai	164,605	168,970	333,575
Ssembabule	152,524	153,063	305,587
Kayunga	215,207	223,524	438,731
Wakiso	1,598,233	1,799,332	3,397,565
Lyantonde	65,733	67,461	133,194
Mityana	201,040	205,185	406,225
Nakaseke	127,276	124,023	251,299
Buikwe	256,429	263,085	519,514
Bukomansimbi	97,906	99,145	197,051
Butambala	72,473	74,191	146,664
Buvuma	61,702	57,274	118,976
Gomba	100,947	98,295	199,242
Kalungu	108,318	112,572	220,890
Kyankwanzi	140,501	137,789	278,290
Lwengo	156,429	168,040	324,469
Kyotera	135,621	139,675	275,296
Kassanda	156,251	157,059	313,310



District	Male	Female	Total
Masaka city	136,016	149,493	285,509
Teso	1,210,215	1,252,129	2,462,344
Katakwi	116,319	118,386	234,705
Kumi	140,501	146,774	287,275
Soroti	131,539	134,625	266,164
Kaberamaido	69,929	71,048	140,977
Amuria	123,858	127,591	251,449
Bukedea	138,661	144,505	283,166
Ngora	103,360	110,226	213,586
Serere	175,691	182,115	357,806
Kapelebyong	71,517	71,850	143,367
Kalaki	74,615	75,460	150,075
Soroti city	64,225	69,549	133,774
Tooro	1,664,721	1,714,119	3,378,840
Bundibugyo	128,897	135,718	264,615
Kabarole	116,010	114,593	230,603
Kasese	412,521	434,506	847,027
Kamwenge	164,242	172,496	336,738
Kyenjojo	272,114	271,643	543,757
Kyegegwa	247,313	254,222	501,535
Ntoroko	58,648	56,211	114,859
Bunyangabu	108,559	110,164	218,723
Kitagwenda	91,427	93,854	185,281
Fort portal city	64,990	70,712	135,702
West Nile	1,910,729	1,988,355	3,899,084
Adjumani	145,299	155,087	300,386
Arua	77,166	82,325	159,491
Moyo	54,877	55,934	110,811
Nebbi	144,322	154,863	299,185
Yumbe	490,674	481,677	972,351
Koboko	133,585	138,070	271,655
Maracha	113,588	121,304	234,892
Zombo	151,982	160,206	312,188
Pakwach	100,764	105,811	206,575
Madi okollo	91,428	92,913	184,341
Obongi	70,068	73,424	143,492
Arua city	180,237	200,587	380,824
Terego	156,739	166,154	322,893
Uganda	22,495,030	23,440,016	45,935,046



Table A2: Population Density of Uganda, 2024

District	Land Area (Sq. Km)	Population	Population Density (Persons. per sq. Km)
Acholi	28,522	2,047,118	72
Gulu	1,721	135,133	79
Kitgum	4,391	239,386	55
Pader	3,326	240,133	72
Amuru	3,619	247,377	68
Agago	3,493	310,424	89
Lamwo	5,588	213,799	38
Nwoya	4,679	220,553	47
Omoro	1,483	207,590	140
Gulu city	222	232,723	1,046
Ankole	14,293	3,600,747	252
Bushenyi	845	282,807	335
Mbarara	773	173,724	225
Ntungamo	1,999	553,197	277
Ibanda	622	308,447	496
Isingiro	2,536	633,844	250
Kiruhura	3,003	202,146	67
Buhweju	751	167,905	224
Mitooma	544	224,374	413
Rubirizi	1,096	167,837	153
Sheema	327	252,811	773
Kazo	1,558	209,038	134
Rwampara	542	162,961	301
Mbarara city	471	261,656	556
Bukedi	4,504	2,376,744	528
Busia	729	412,018	565
Pallisa	796	330,961	416
Tororo	1,194	609,117	510
Budaka	410	281,106	685
Butaleja	655	312,713	477
Kibuku	484	259,540	536
Butebo	236	171,289	726
Bunyoro	16,580	2,792,123	168
Hoima	1,341	257,430	192
Kibaale	1,153	238,448	207
Masindi	3,691	342,496	93
Buliisa	1,367	168,000	123
Kiryandongo	3,582	364,878	102
Kagadi	1,420	470,302	331



District	Land Area (Sq. Km)	Population	Population Density (Persons. per sq. Km)
Kakumiro	1,701	429,030	252
Kikuube	2,098	380,097	181
Hoima city	227	141,442	622
Busoga	9,443	4,372,349	523
Bugiri	1,033	481,176	466
Iganga	633	426,596	674
Jinja	499	291,733	584
Kamuli	1,515	539,699	356
Mayuge	1,075	562,048	523
Kaliro	779	285,963	367
Namutumba	812	311,463	383
Buyende	1,379	404,044	293
Luuka	650	298,693	460
Namayingo	587	266,344	454
Bugweri	302	212,204	704
Jinja city	179	292,386	1,630
Elgon	4,035	2,216,221	549
Kapchorwa	212	133,644	631
Mbale	360	289,774	804
Sironko	383	297,872	779
Bududa	318	277,475	873
Bukwo	525	114,288	218
Manafwa	237	185,720	785
Bulambuli	695	241,976	348
Kween	851	129,098	152
Namisindwa	298	256,433	859
Mbale city	156	289,941	1,863
Kampala			
Kampala	195	1,875,834	9,610
Karamoja	27,407	1,452,838	53
Kotido	3,610	219,296	61
Moroto	3,533	103,344	29
Nakapiripirit	2,641	111,469	42
Abim	2,301	143,776	62
Kaabong	4,751	216,011	45
Amudat	1,616	203,412	126
Napak	4,822	211,921	44
Nabilatuk	1,561	137,588	88
Karenga	2,572	106,021	41



District	Land Area (Sq. Km)	Population	Population Density (Persons. per sq. Km)
Kigezi	4,993	1,779,694	356
Kabale	561	285,097	509
Kisoro	690	431,175	625
Rukungiri	1,381	375,974	272
Kanungu	1,275	309,735	243
Rubanda	660	245,684	372
Rukiga	426	132,029	310
Lango	12,856	2,567,518	200
Apac	1,783	221,780	124
Lira	1,046	242,099	232
Amolatar	1,163	188,589	162
Dokolo	1,004	233,127	232
Oyam	2,196	477,851	218
Alebtong	1,534	283,076	184
Kole	1,073	294,034	274
Otuke	1,549	163,100	105
Kwania	1,223	217,425	178
Lira city	285	246,437	866
Buganda	39,737	11,113,592	282
Kalangala	452	70,589	156
Kiboga	1,586	181,356	114
Luwero	2,216	614,230	277
Masaka	855	115,251	135
Mpigi	1,204	306,003	254
Mubende	2,711	521,966	193
Mukono	1,831	932,672	509
Nakasongola	3,314	226,138	68
Rakai	1,528	333,575	218
Ssembabule	2,317	305,587	132
Kayunga	1,596	438,731	275
Wakiso	1,884	3,397,565	1,803
Lyantonde	887	133,194	150
Mityana	1,525	406,225	266
Nakaseke	3,475	251,299	72
Buikwe	1,270	519,514	409
Bukomansimbi	600	197,051	329
Butambala	405	146,664	362
Buvuma	296	118,976	402
Gomba	1,670	199,242	119
Kalungu	790	220,890	280
Kyankwanzi	2,455	278,290	113
Lwengo	988	324,469	328



District	Land Area (Sq. Km)	Population	Population Density (Persons. per sq. Km)
Kyotera	1,723	275,296	160
Kassanda	1,819	313,310	172
Masaka city	340	285,509	840
Teso	11,650	2,462,344	199
Katakwi	2,306	234,705	102
Kumi	1,005	287,275	286
Soroti	1,034	266,164	257
Kaberamaido	689	140,977	205
Amuria	1,383	251,449	182
Bukedea	1,032	283,166	274
Ngora	640	213,586	334
Serere	1,495	357,806	239
Kapelebyong	1,203	143,367	119
Kalaki	658	150,075	228
Soroti city	205	133,774	653
Tooro	13,265	3,378,840	255
Bundibugyo	850	264,615	311
Kabarole	1,184	230,603	195
Kasese	2,795	847,027	303
Kamwenge	1,695	336,738	199
Kyenjojo	2,352	543,757	231
Kyegegwa	1,882	501,535	266
Ntoroko	1,236	114,859	93
Bunyangabu	466	218,723	469
Kitagwenda	677	185,281	274
Fort portal city	127	135,702	1,067
West Nile	15,621	3,899,084	250
Adjumani	2,955	300,386	102
Arua	800	159,491	199
Moyo	1,072	110,811	103
Nebbi	987	299,185	303
Yumbe	2,323	972,351	419
Koboko	739	271,655	368
Maracha	440	234,892	533
Zombo	939	312,188	332
Pakwach	877	206,575	236
Madi okollo	2,048	184,341	90
Obongi	837	143,492	171
Arua city	404	380,824	944
Terego	1,200	322,893	269
Uganda	202,296	45,935,046	227



Table A3: Refugee Population by sex, 2024

District	Refugee population		Total
	Male	Female	
Acholi	17,558	17,807	35,365
Gulu	37	13	50
Kitgum	150	119	269
Pader	12	11	23
Amuru	186	93	279
Agago	26	21	47
Lamwo	14,509	14,825	29,334
Nwoya	62	36	98
Omoror	15	19	34
Gulu city	2,561	2,670	5,231
Ankole	45,285	49,293	94,578
Bushenyi	94	48	142
Mbarara	19	5	24
Ntungamo	130	98	228
Ibanda	44	27	71
Isingiro	42,670	46,648	89,318
Kiruhura	70	37	107
Buhweju	8	4	12
Mitooma	7	6	13
Rubirizi	20	15	35
Sheema	35	34	69
Kazo	47	18	65
Rwampara	12	18	30
Mbarara city	2,129	2,335	4,464
Bukedi	639	575	1,214
Busia	381	394	775
Pallisa	16	13	29
Tororo	198	126	324
Budaka	13	14	27
Butaleja	6	4	10
Kibuku	18	17	35
Butebo	7	7	14
Bunyoro	43,351	47,997	91,348
Hoima	105	90	195
Kibaale	73	60	133
Masindi	508	508	1,016
Buliisa	19	18	37
Kiryandongo	15,709	16,372	32,081
Kagadi	85	77	162



District	Refugee population		Total
	Male	Female	
Kakumiro	99	130	229
Kikuube	26,546	30,520	57,066
Hoima city	207	222	429
Busoga	916	851	1,767
Bugiri	54	74	128
Iganga	114	62	176
Jinja	38	30	68
Kamuli	55	41	96
Mayuge	112	109	221
Kaliro	34	61	95
Namutumba	9	22	31
Buyende	24	20	44
Luuka	83	91	174
Namayingo	63	47	110
Bugweri	28	12	40
Jinja city	302	282	584
Elgon	548	477	1,025
Kapchorwa	16	9	25
Mbale	29	14	43
Sironko	36	42	78
Bududa	9	14	23
Bukwo	33	14	47
Manafwa	17	23	40
Bulambuli	36	33	69
Kween	42	19	61
Namisindwa	14	29	43
Mbale city	316	280	596
Kampala			
Kampala	42,231	41,558	83,789
Karamoja	501	136	637
Kotido	134	7	141
Moroto	33	25	58
Nakapiripirit	123	33	156
Abim	3	5	8
Kaabong	42	20	62
Amudat	66	20	86
Napak	13	3	16
Nabilatuk	51	12	63
Karenga	36	11	47



District	Refugee population		Total
	Male	Female	
Kigezi	1,155	1,153	2,308
Kabale	69	60	129
Kisoro	799	844	1,643
Rukungiri	21	18	39
Kanungu	94	70	164
Rubanda	9	8	17
Rukiga	163	153	316
Lango	766	730	1,496
Apac	214	187	401
Lira	6	7	13
Amolatar	30	9	39
Dokolo	12	4	16
Oyam	22	21	43
Alebtong	4	2	6
Kole	14	4	18
Otuke	6	-	6
Kwania	3	3	6
Lira city	455	493	948
Buganda	19,021	19,597	38,618
Kalangala	339	196	535
Kiboga	226	137	363
Luwero	1,763	1,813	3,576
Masaka	62	28	90
Mpigi	195	143	338
Mubende	538	506	1,044
Mukono	1,057	1,076	2,133
Nakasongola	114	54	168
Rakai	73	62	135
Ssembabule	84	31	115
Kayunga	111	107	218
Wakiso	12,440	14,071	26,511
Lyantonde	55	65	120
Mityana	441	327	768
Nakaseke	189	128	317
Buikwe	229	185	414
Bukomansimbi	63	39	102
Butambala	31	14	45
Buvuma	43	34	77
Gomba	74	64	138
Kalungu	80	42	122
Kyankwanzi	169	115	284
Lwengo	51	25	76



District	Refugee population		Total
	Male	Female	
Kyotera	214	118	332
Kassanda	209	129	338
Masaka city	171	88	259
Teso	283	207	490
Katakwi	20	13	33
Kumi	81	48	129
Soroti	12	7	19
Kaberamaido	2	4	6
Amuria	6	10	16
Bukedea	9	9	18
Ngora	2	2	4
Serere	2	6	8
Kapelebyong	42	37	79
Kalaki	3	4	7
Soroti city	104	67	171
Tooro	56,241	63,029	119,270
Bundibugyo	43	47	90
Kabarole	45	32	77
Kasese	400	385	785
Kamwenge	18,296	21,010	39,306
Kyenjojo	550	466	1,016
Kyegegwa	36,549	40,733	77,282
Ntoroko	110	131	241
Bunyangabu	12	18	30
Kitagwenda	24	12	36
Fort portal city	212	195	407
West Nile	148,142	160,014	308,156
Adjumani	41,296	45,695	86,991
Arua	55	60	115
Moyo	281	248	529
Nebbi	31	67	98
Yumbe	38,026	40,349	78,375
Koboko	4,681	5,507	10,188
Maracha	15	21	36
Zombo	74	58	132
Pakwach	39	30	69
Madi okollo	11,371	10,662	22,033
Obongi	18,271	20,366	38,637
Arua city	5,718	6,300	12,018
Terego	28,284	30,651	58,935
Uganda	376,637	403,424	780,061



Table A4: Household and Non-household population

District	Household Population	Non-Household population
Acholi	2,035,699	11,419
Gulu	134,661	472
Kitgum	238,688	698
Pader	239,763	370
Amuru	246,128	1,249
Agago	309,038	1,386
Lamwo	213,602	197
Nwoya	219,477	1,076
Omoror	206,797	793
Gulu city	227,545	5,178
Ankole	3,576,976	23,771
Bushenyi	280,136	2,671
Mbarara	172,982	742
Ntungamo	549,569	3,628
Ibanda	306,070	2,377
Isingiro	631,299	2,545
Kiruhura	200,695	1,451
Buhweju	167,442	463
Mitooma	223,811	563
Rubirizi	166,897	940
Sheema	250,457	2,354
Kazo	208,085	953
Rwampara	162,287	674
Mbarara city	257,246	4,410
Bukedi	2,368,683	8,061
Busia	409,655	2,363
Pallisa	329,943	1,018
Tororo	606,373	2,744
Budaka	280,376	730
Butaleja	312,472	241
Kibuku	258,993	547
Butebo	170,871	418
Bunyoro	2,775,873	16,250
Hoima	256,577	853
Kibaale	237,844	604
Masindi	340,271	2,225
Buliisa	166,142	1,858
Kiryandongo	362,095	2,783
Kagadi	467,997	2,305
Kakumiro	427,203	1,827



District	Household Population	Non-Household population
Kikuube	378,981	1,116
Hoima city	138,763	2,679
Busoga	4,359,479	12,870
Bugiri	480,032	1,144
Iganga	424,326	2,270
Jinja	291,001	732
Kamuli	537,929	1,770
Mayuge	560,817	1,231
Kaliro	285,209	754
Namutumba	311,172	291
Buyende	403,447	597
Luuka	298,492	201
Namayingo	265,814	530
Bugweri	211,237	967
Jinja city	290,003	2,383
Elgon	2,209,190	7,031
Kapchorwa	133,005	639
Mbale	289,449	325
Sironko	297,485	387
Bududa	276,914	561
Bukwo	113,956	332
Manafwa	185,369	351
Bulambuli	241,322	654
Kween	128,654	444
Namisindwa	255,894	539
Mbale city	287,142	2,799
Kampala		
Kampala	1,686,257	189,577
Karamoja	1,437,888	14,950
Kotido	217,409	1,887
Moroto	102,452	892
Nakapiripirit	109,225	2,244
Abim	143,089	687
Kaabong	215,022	989
Amudat	202,797	615
Napak	209,836	2,085
Nabilatuk	132,320	5,268
Karenga	105,738	283
Kigezi	1,772,328	7,366
Kabale	283,310	1,787



District	Household Population	Non-Household population
Kisoro	429,778	1,397
Rukungiri	374,142	1,832
Kanungu	308,505	1,230
Rubanda	245,075	609
Rukiga	131,518	511
Lango	2,560,672	6,846
Apac	220,724	1,056
Lira	241,752	347
Amolatar	187,495	1,094
Dokolo	232,228	899
Oyam	477,110	741
Alebtong	282,490	586
Kole	293,477	557
Otuke	162,908	192
Kwania	217,038	387
Lira city	245,450	987
Buganda	11,027,120	86,472
Kalangala	67,522	3,067
Kiboga	180,297	1,059
Luwero	609,036	5,194
Masaka	114,637	614
Mpigi	303,126	2,877
Mubende	517,691	4,275
Mukono	925,826	6,846
Nakasongola	223,266	2,872
Rakai	331,796	1,779
Ssembabule	304,560	1,027
Kayunga	436,010	2,721
Wakiso	3,373,217	24,348
Lyantonde	132,286	908
Mityana	401,977	4,248
Nakaseke	250,030	1,269
Buikwe	515,283	4,231
Bukomansimbi	196,113	938
Butambala	145,688	976
Buvuma	118,272	704
Gomba	198,320	922
Kalungu	218,105	2,785
Kyankwanzi	276,148	2,142
Lwengo	323,233	1,236
Kyotera	272,819	2,477
Kassanda	310,615	2,695
Masaka city	281,247	4,262



District	Household Population	Non-Household population
Teso	2,454,450	7,894
Katakwi	234,032	673
Kumi	286,460	815
Soroti	265,894	270
Kaberamaido	140,560	417
Amuria	250,890	559
Bukedea	282,562	604
Ngora	213,033	553
Serere	357,168	638
Kapelebyong	142,925	442
Kalaki	149,678	397
Soroti city	131,248	2,526
Tooro	3,364,438	14,402
Bundibugyo	263,849	766
Kabarole	229,815	788
Kasese	843,416	3,611
Kamwenge	335,281	1,457
Kyenjojo	541,723	2,034
Kyegegwa	500,104	1,431
Ntoroko	114,374	485
Bunyangabu	218,215	508
Kitagwenda	184,651	630
Fort portal city	133,010	2,692
West Nile	2,858,802	8,732
Adjumani	298,233	2,153
Arua	159,178	313
Moyo	110,137	674
Nebbi	297,885	1,300
Yumbe	970,430	1,921
Koboko	270,906	749
Maracha	234,334	558
Zombo	311,646	542
Pakwach	206,053	522
Madi okollo	184,063	278
Obongi	142,995	497
Arua city	378,720	2,104
Terego	322,214	679
Uganda	45,515,847	419,199



Table A5: Households and Average Household size

District	Number of Households	Average household size
Acholi		
Gulu	31,297	4.3
Kitgum	49,053	4.9
Pader	51,853	4.6
Amuru	58,144	4.2
Agago	66,607	4.6
Lamwo	45,950	4.6
Nwoya	51,978	4.2
Omoró	46,052	4.5
Gulu city	58,727	3.9
Ankole		
Bushenyi	71,275	3.9
Mbarara	42,147	4.1
Ntungamo	130,904	4.2
Ibanda	75,718	4.0
Isingiro	146,981	4.3
Kiruhura	46,716	4.3
Buhweju	38,802	4.3
Mitooma	53,222	4.2
Rubirizi	40,331	4.1
Sheema	61,862	4.0
Kazo	46,053	4.5
Rwampara	39,677	4.1
Mbarara city	80,500	3.2
Bukedi		
Busia	91,492	4.5
Pallisa	60,205	5.5
Tororo	134,778	4.5
Budaka	58,185	4.8
Butaleja	64,958	4.8
Kibuku	53,456	4.8
Butebo	38,771	4.4
Bunyoro		
Hoima	61,275	4.2
Kibaale	55,403	4.3
Masindi	84,714	4.0
Buliisa	32,179	5.2
Kiryandongo	80,789	4.5
Kagadi	105,183	4.4
Kakumiro	101,816	4.2



District	Number of Households	Average household size
Kikuube	90,597	4.2
Hoima city	40,246	3.4
Busoga		
Bugiri	101,250	4.7
Iganga	99,560	4.3
Jinja	69,296	4.2
Kamuli	122,161	4.4
Mayuge	124,346	4.5
Kaliro	68,589	4.2
Namutumba	70,567	4.4
Buyende	82,769	4.9
Luuka	65,452	4.6
Namayingo	58,404	4.6
Bugweri	46,207	4.6
Jinja city	77,461	3.7
Elgon		
Kapchorwa	29,955	4.4
Mbale	67,208	4.3
Sironko	74,634	4.0
Bududa	74,126	3.7
Bukwo	22,907	5.0
Manafwa	46,100	4.0
Bulambuli	65,370	3.7
Kween	26,544	4.8
Namisindwa	62,443	4.1
Mbale city	72,145	4.0
Kampala		
Kampala	543,633	3.1
Karamoja		
Kotido	44,716	4.9
Moroto	25,991	3.9
Nakapiripirit	26,003	4.2
Abim	38,921	3.7
Kaabong	33,326	6.5
Amudat	42,009	4.8
Napak	41,036	5.1
Nabilatuk	26,992	4.9
Karenga	19,116	5.5
Kigezi		
Kabale	54,394	5.2



District	Number of Households	Average household size
Kisoro	98,512	4.4
Rukungiri	91,125	4.1
Kanungu	73,463	4.2
Rubanda	57,176	4.3
Rukiga	33,810	3.9
Lango		
Apac	51,236	4.3
Lira	54,247	4.5
Amolatar	39,181	4.8
Dokolo	51,933	4.5
Oyam	108,811	4.4
Alebtong	62,132	4.5
Kole	66,739	4.4
Otuke	36,762	4.4
Kwania	48,093	4.5
Lira city	64,413	3.8
Buganda		
Kalangala	26,204	2.6
Kiboga	46,113	3.9
Luwero	162,438	3.7
Masaka	31,067	3.7
Mpigi	79,887	3.8
Mubende	128,836	4.0
Mukono	264,913	3.5
Nakasongola	50,394	4.4
Rakai	75,503	4.4
Ssembabule	75,190	4.1
Kayunga	102,402	4.3
Wakiso	1,006,290	3.4
Lyantonde	34,229	3.9
Mityana	107,209	3.7
Nakaseke	66,042	3.8
Buikwe	134,282	3.8
Bukomansimbi	46,715	4.2
Butambala	35,881	4.1
Buvuma	34,975	3.4
Gomba	48,750	4.1
Kalungu	54,863	4.0
Kyankwanzi	65,581	4.2
Lwengo	79,551	4.1
Kyotera	70,022	3.9
Kassanda	82,084	3.8
Masaka city	71,467	3.9



District	Number of Households	Average household size
Teso		
Katakwi	50,188	4.7
Kumi	57,548	5.0
Soroti	48,097	5.5
Kaberamaido	27,958	5.0
Amuria	47,006	5.3
Bukedea	55,327	5.1
Ngora	38,362	5.6
Serere	69,673	5.1
Kapelebyong	31,016	4.6
Kalaki	30,133	5.0
Soroti city	33,659	3.9
Tooro		
Bundibugyo	57,874	4.6
Kabarole	57,225	4.0
Kasese	181,359	4.7
Kamwenge	75,629	4.4
Kyenjojo	128,559	4.2
Kyegegwa	114,107	4.4
Ntoroko	24,105	4.7
Bunyangabu	52,280	4.2
Kitagwenda	43,735	4.2
Fort portal city	36,752	3.6
West Nile		
Adjumani	54,474	5.5
Arua	34,883	4.6
Moyo	25,035	4.4
Nebbi	62,705	4.8
Yumbe	152,260	6.4
Koboko	50,884	5.3
Maracha	49,286	4.8
Zombo	70,314	4.4
Pakwach	42,374	4.9
Madi okollo	37,818	4.9
Obongi	29,856	4.8
Arua city	77,223	4.9
Terego	67,367	4.8
Uganda	10,845,119	4.4



Table A6: Population size trends and Growth rate

District	2014			2024			Growth Rate (%) 2014-2024
	Male	Female	Total	Male	Female	Total	
Acholi	732,155	768,607	1,500,762	1,006,707	1,040,411	2,047,118	3.2
Kitgum	99,258	104,790	204,048	118,162	121,224	239,386	1.6
Gulu	53,038	55,390	108,428	66,626	68,507	135,133	2.3
Gulu city	90,304	94,738	185,042	109,848	122,875	232,723	2.4
Amuru	91,284	95,412	186,696	121,627	125,750	247,377	2.9
Pader	86,635	91,369	178,004	118,070	122,063	240,133	3.1
Agago	110,495	117,297	227,792	153,232	157,192	310,424	3.2
Omoro	70,066	72,809	142,875	102,708	104,882	207,590	3.9
Lamwo	65,106	69,265	134,371	106,020	107,779	213,799	4.8
Nwoya	65,969	67,537	133,506	110,414	110,139	220,553	5.2
Ankole	1,406,566	1,489,065	2,895,631	1,766,886	1,833,861	3,600,747	2.2
Ntungamo	232,469	251,372	483,841	269,515	283,682	553,197	1.4
Kazo	88,051	89,003	177,054	104,177	104,861	209,038	1.7
Mbarara	70,383	75,455	145,838	84,650	89,074	173,724	1.8
Bushenyi	114,207	120,236	234,443	139,948	142,859	282,807	1.9
Sheema	99,225	108,118	207,343	122,837	129,974	252,811	2.0
Mitooma	86,484	96,960	183,444	109,548	114,826	224,374	2.1
Ibanda	121,440	128,185	249,625	151,145	157,302	308,447	2.2
Rwampara	62,223	65,502	127,725	80,599	82,362	162,961	2.5
Rubirizi	61,765	67,384	129,149	82,427	85,410	167,837	2.7
Isingiro	235,621	250,739	486,360	310,106	323,738	633,844	2.7
Mbarara city	97,476	101,590	199,066	126,038	135,618	261,656	2.8
Kiruhura	78,163	72,860	151,023	102,341	99,805	202,146	3.0
Buhweju	59,059	61,661	120,720	83,555	84,350	167,905	3.4
Bukedi	912,964	968,451	1,881,415	1,169,919	1,206,825	2,376,744	2.4
Tororo	250,830	266,250	517,080	298,386	310,731	609,117	1.7
Pallisa	133,945	141,183	275,128	163,125	167,836	330,961	1.9
Busia	156,447	167,215	323,662	201,396	210,622	412,018	2.5
Butaleja	119,466	124,687	244,153	155,583	157,130	312,713	2.6
Kibuku	97,476	104,557	202,033	128,195	131,345	259,540	2.6
Budaka	100,620	106,977	207,597	138,098	143,008	281,106	3.1
Butebo	54,180	57,582	111,762	85,136	86,153	171,289	4.4
Bunyoro	1,016,434	1,012,111	2,028,545	1,382,578	1,409,545	2,792,123	3.3
Masindi	148,121	142,992	291,113	170,972	171,524	342,496	1.7
Hoima	103,884	101,548	205,432	127,579	129,851	257,430	2.3
Kagadi	171,812	179,221	351,033	232,155	238,147	470,302	3.0
Kiryandongo	132,822	133,375	266,197	180,868	184,010	364,878	3.3
Hoima city	47,632	52,467	100,099	67,295	74,147	141,442	3.6
Kikuube	136,390	131,065	267,455	188,786	191,311	380,097	3.6



District	2014			2024			Growth Rate (%)
	Male	Female	Total	Male	Female	Total	2014-2024
Kakumiro	147,157	145,951	293,108	213,714	215,316	429,030	3.9
Buliisa	57,801	55,360	113,161	82,408	85,592	168,000	4.1
Kibaale	70,815	70,132	140,947	118,801	119,647	238,448	5.4
Busoga	1,741,301	1,841,895	3,583,196	2,147,597	2,224,752	4,372,349	2.1
Kamuli	236,389	249,930	486,319	263,902	275,797	539,699	1.1
Jinja city	120,093	126,981	247,074	137,785	154,601	292,386	1.7
Mayuge	229,252	243,987	473,239	278,071	283,977	562,048	1.8
Kaliro	115,969	120,230	236,199	143,531	142,432	285,963	2.0
Namutumba	123,911	128,646	252,557	154,114	157,349	311,463	2.2
Namayingo	106,303	109,140	215,443	132,666	133,678	266,344	2.2
Buyende	158,615	164,452	323,067	201,120	202,924	404,044	2.3
Luuka	113,566	124,454	238,020	146,957	151,736	298,693	2.3
Bugiri	185,925	196,988	382,913	235,884	245,292	481,176	2.4
Iganga	162,432	176,879	339,311	205,269	221,327	426,596	2.4
Bugweri	78,750	86,136	164,886	104,187	108,017	212,204	2.6
Jinja	110,096	114,072	224,168	144,111	147,622	291,733	2.7
Elgon	863,829	894,272	1,758,101	1,113,304	1,102,917	2,216,221	2.4
Mbale	142,832	154,062	296,894	143,878	145,896	289,774	-0.3
Sironko	120,862	121,559	242,421	149,448	148,424	297,872	2.1
Manafwa	73,026	76,518	149,544	93,198	92,522	185,720	2.2
Namisindwa	100,554	103,727	204,281	128,836	127,597	256,433	2.3
Kapchorwa	51,658	53,528	105,186	66,633	67,011	133,644	2.5
Bukwo	45,058	44,298	89,356	58,234	56,054	114,288	2.5
Bududa	105,820	104,353	210,173	145,148	132,327	277,475	2.9
Kween	47,404	46,263	93,667	66,480	62,618	129,098	3.3
Bulambuli	86,108	88,405	174,513	122,587	119,389	241,976	3.4
Mbale city	90,507	101,559	192,066	138,862	151,079	289,941	4.2
Kampala							
Kampala	712,762	794,318	1,507,080	898,918	976,916	1,875,834	2.3
Karamoja	461,920	503,090	965,010	707,591	745,247	1,452,838	4.2
Moroto	49,746	53,686	103,432	48,800	54,544	103,344	0.0
Kotido	86,169	94,881	181,050	104,902	114,394	219,296	2.0
Nakapiripirit	42,565	45,716	88,281	54,261	57,208	111,469	2.4
Abim	52,456	55,510	107,966	70,441	73,335	143,776	3.0
Napak	65,518	76,706	142,224	102,933	108,988	211,921	4.1
Kaabong	54,225	62,421	116,646	104,207	111,804	216,011	6.4
Amudat	54,246	51,523	105,769	103,929	99,483	203,412	6.7
Nablatuk	32,013	36,396	68,409	66,120	71,468	137,588	7.2
Karenga	24,982	26,251	51,233	51,998	54,023	106,021	7.5
Kigezi	647,401	729,373	1,376,774	848,993	930,701	1,779,694	2.6



District	2014			2024			Growth Rate (%)
	Male	Female	Total	Male	Female	Total	2014-2024
Rukungiri	150,016	164,678	314,694	183,821	192,153	375,974	1.8
Kanungu	121,081	131,063	252,144	150,972	158,763	309,735	2.1
Kabale	110,043	120,566	230,609	137,186	147,911	285,097	2.2
Rubanda	92,011	104,885	196,896	116,985	128,699	245,684	2.3
Rukiga	48,195	52,531	100,726	64,083	67,946	132,029	2.8
Kisoro	126,055	155,650	281,705	195,946	235,229	431,175	4.4
Lango	1,006,609	1,055,085	2,061,694	1,259,403	1,308,115	2,567,518	2.3
Kwania	89,643	93,661	183,304	107,587	109,838	217,425	1.8
Lira city	98,908	108,574	207,482	115,598	130,839	246,437	1.8
Apac	91,352	93,970	185,322	109,599	112,181	221,780	1.9
Lira	97,755	102,806	200,561	119,156	122,943	242,099	1.9
Kole	117,164	122,163	239,327	144,379	149,655	294,034	2.1
Alebtong	110,989	116,552	227,541	138,840	144,236	283,076	2.3
Oyam	187,121	196,523	383,644	234,777	243,074	477,851	2.3
Dokolo	89,476	93,617	183,093	114,497	118,630	233,127	2.5
Amolatar	73,014	74,152	147,166	94,039	94,550	188,589	2.6
Otuke	51,187	53,067	104,254	80,931	82,169	163,100	4.6
Buganda	3,959,896	4,062,262	8,022,158	5,407,469	5,706,123	11,113,592	3.4
Masaka	54,412	52,214	106,626	58,556	56,695	115,251	0.8
Kyotera	118,317	121,246	239,563	135,621	139,675	275,296	1.4
Kassanda	138,926	132,618	271,544	156,251	157,059	313,310	1.5
Kayunga	180,706	187,356	368,062	215,207	223,524	438,731	1.8
Rakai	136,049	140,697	276,746	164,605	168,970	333,575	1.9
Ssembabule	126,084	126,513	252,597	152,524	153,063	305,587	2.0
Mpigi	125,404	125,144	250,548	148,790	157,213	306,003	2.1
Kiboga	75,847	72,371	148,218	91,486	89,870	181,356	2.1
Buikwe	207,324	215,447	422,771	256,429	263,085	519,514	2.1
Mityana	165,717	163,247	328,964	201,040	205,185	406,225	2.2
Lwengo	127,540	135,064	262,604	156,429	168,040	324,469	2.2
Nakasongola	93,323	88,472	181,795	116,069	110,069	226,138	2.3
Gomba	82,167	77,755	159,922	100,947	98,295	199,242	2.3
Mubende	207,728	205,076	412,804	259,035	262,931	521,966	2.4
Kalungu	85,303	89,065	174,368	108,318	112,572	220,890	2.4
Nakaseke	104,795	92,578	197,373	127,276	124,023	251,299	2.5
Kyankwanzi	111,539	103,154	214,693	140,501	137,789	278,290	2.7
Kalangala	31,349	22,944	54,293	38,177	32,412	70,589	2.7
Bukomansimbi	75,109	76,304	151,413	97,906	99,145	197,051	2.7
Buvuma	48,414	41,476	89,890	61,702	57,274	118,976	2.9
Luwero	226,805	230,153	456,958	299,369	314,861	614,230	3.0
Masaka city	101,450	110,141	211,591	136,016	149,493	285,509	3.1
Lyantonde	46,714	47,039	93,753	65,733	67,461	133,194	3.6
Butambala	50,082	50,758	100,840	72,473	74,191	146,664	3.9



District	2014			2024			Growth Rate (%)
	Male	Female	Total	Male	Female	Total	2014-2024
Mukono	289,757	307,047	596,804	448,776	483,896	932,672	4.6
Wakiso	949,035	1,048,383	1,997,418	1,598,233	1,799,332	3,397,565	5.5
Teso	888,260	931,448	1,819,708	1,210,215	1,252,129	2,462,344	3.1
Kumi	116,457	122,811	239,268	140,501	146,774	287,275	1.9
Serere	139,493	146,410	285,903	175,691	182,115	357,806	2.3
Kaberamaido	51,863	53,289	105,152	69,929	71,048	140,977	3.0
Soroti	97,267	101,065	198,332	131,539	134,625	266,164	3.0
Soroti city	47,709	50,792	98,501	64,225	69,549	133,774	3.2
Kalaki	54,179	55,695	109,874	74,615	75,460	150,075	3.2
Amuria	89,434	93,914	183,348	123,858	127,591	251,449	3.3
Bukedea	98,684	104,916	203,600	138,661	144,505	283,166	3.4
Katakwi	81,673	84,558	166,231	116,319	118,386	234,705	3.6
Ngora	68,414	73,505	141,919	103,360	110,226	213,586	4.2
Kapelebyong	43,087	44,493	87,580	71,517	71,850	143,367	5.1
Tooro	1,268,055	1,305,855	2,573,910	1,664,721	1,714,119	3,378,840	2.8
Kabarole	99,176	97,573	196,749	116,010	114,593	230,603	1.6
Bundibugyo	108,435	115,952	224,387	128,897	135,718	264,615	1.7
Kasese	338,215	356,772	694,987	412,521	434,506	847,027	2.0
Kamwenge	132,537	138,131	270,668	164,242	172,496	336,738	2.3
Bunyangabu	84,033	86,214	170,247	108,559	110,164	218,723	2.6
Kyenjojo	210,599	211,605	422,204	272,114	271,643	543,757	2.6
Kitagwenda	69,966	73,820	143,786	91,427	93,854	185,281	2.6
Fort portal city	50,439	51,801	102,240	64,990	70,712	135,702	2.9
Ntoroko	34,038	32,967	67,005	58,648	56,211	114,859	5.6
Kyegegwa	140,617	141,020	281,637	247,313	254,222	501,535	5.9
West Nile	1,279,697	1,380,969	2,660,666	1,910,729	1,988,355	3,899,084	3.9
Moyo	47,175	48,776	95,951	54,877	55,934	110,811	1.5
Arua	64,028	69,506	133,534	77,166	82,325	159,491	1.8
Arua city	146,180	162,872	309,052	180,237	200,587	380,824	2.2
Nebbi	114,732	124,025	238,757	144,322	154,863	299,185	2.3
Maracha	87,900	98,234	186,134	113,588	121,304	234,892	2.4
Zombo	115,824	124,257	240,081	151,982	160,206	312,188	2.7
Pakwach	76,372	81,665	158,037	100,764	105,811	206,575	2.8
Madi okollo	68,376	71,812	140,188	91,428	92,913	184,341	2.8
Koboko	102,250	104,245	206,495	133,585	138,070	271,655	2.8
Adjumani	108,298	116,953	225,251	145,299	155,087	300,386	3.0
Terego	96,171	103,132	199,303	156,739	166,154	322,893	5.0
Yumbe	230,626	254,196	484,822	490,674	481,677	972,351	7.2
Obongi	21,765	21,296	43,061	70,068	73,424	143,492	12.4
Uganda	16,897,849	17,736,801	34,634,650	22,495,030	23,440,016	45,935,046	2.9



Table A7: Population Distribution in Cities, 2024

Cities	Population		
	Visitors (Day)	Census Night	Daytime
Kampala	627,340	1,875,834	2,503,174
Mbarara	63,318	261,656	324,974
Gulu	91,165	232,723	323,888
Masaka	42,976	285,509	328,485
Hoima	48,633	141,442	190,075
Lira	57,620	246,437	304,057
Mbale	81,685	289,941	371,626
Jinja	70,748	292,386	363,134
Arua	59,716	380,824	440,540
Fort Portal	41,292	135,702	176,994
Soroti	86,924	133,774	220,698
Uganda	1,271,417	4,276,228	5,547,645



NATIONAL POPULATION AND HOUSING CENSUS 2024

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